National Forum on Rehabilitation-Informed Pandemic Preparedness and Long COVID Research

Forum Program

Highlighted sessions will be lived streamed and recorded. Question and answer periods will be hybrid.

Day 1: Learning Across Pandemics, Past and Present: Safe Approaches to Rehabilitation

9:30 am to 10:00 am	**Registration** Enjoy coffee and tea
10:00 am to 10:10 am	**Welcome and Overview of the Day** **Dr. Ben Mortenson** – *Department of Occupational Science and Occupational Therapy, University of British Columbia*
10:10 am to 10:40 am	**Keynote** **Dr. Kelly O'Brien** - *Rehabilitation Science Research Network for COVID, Temerty Faculty of Medicine, University of Toronto*
10:40am to 10:50 am	**Keynote Q and A**
10:50 am to 11:00 am	**Break**
11:00 am to 11:40 am	**Lived Experience Panel Discussion: Safe Approaches to Rehabilitation** Facilitator **Kayli Jamieson** - *Long COVID Research Fellow, Simon Fraser University* Panelists **Daisy-Mae Hamelinck –** Patient Partner **Mark Rutledge –** *Advisory Committee Member / Patient Partner. Rehabilitation Science Research Network for COVID, Temerty Faculty of Medicine, University of Toronto* **Tracy Rutledge** **Katie Blecker –** *Accessible yoga teacher: Cosy Yoga Club (co-owner), Vancouver School of Healing Arts, Cerebral Palsy Association of BC, Non-clinical grief care provider and community death worker: Fully Woven (owner)* **Katharine Baldwin** @chronically_dreaming_of_sun, Author of the forthcoming *Dreaming of Sun Guide & Workbook: Living with Long COVID, ME/CFS, and More.*
11:40 am to 12:00 pm	**Panel Q and A**

12:00 pm to 12:45 pm	**Lunch**
12:45 pm to 1:40 pm	**Collaborative Research Ideas Planning Workshop** Facilitator **Dr. Ben Mortenson**
1:40 pm to 1:50 pm	**Break**
1:40 pm to 2:10 pm	**Collaborative Research Ideas Planning Workshop** Facilitator **Dr. Ben Mortenson**

Day 2: System Readiness: Access to Safe and Timely Rehabilitation

9:30 am to 10:00 am	**Registration** Enjoy coffee and tea
10:00 am to 10:10 am	**Welcome and Overview of the day** Dr. Ben Mortenson
10:10am to 10:30	**Presentation: Setting the Stage** Presenters **Esther Khor** - *Director of Research Operations for the Provincial Health Services Authority, BC Renal, and the Post-COVID Interdisciplinary Clinical Care Network (PC-ICCN).* **Dr. Ben Mortenson** - *Department of Occupational Science and Occupational Therapy, University of British Columbia* **Dr. Farrukh Chishtie** – *University of British Columbia PhD student in Rehab sciences with a thesis focus on Long COVID and future pandemics*
10:30 am to 10:40 am	**Break**
10:40 am to 11:20 am	**Experts in the Field Panel Discussion: Rehabilitation Research Readiness** Facilitator **Dr. Jill Cameron** - *Department of Occupational Science and Occupational Therapy, Rehabilitation Science Research Network for COVID, Temerty Faculty of Medicine, University of Toronto* Panelists

	Jessica DeMars – *PT, Breathe Well Physio, Long COVID Physio* **Dr. Todd Davenport-** *PT, University of the Pacific, Stockton, California, US, Long COVID Physio* **Dr. Hiten Naik** - *Internal Medicine Physician, BC Post-COVID-19 Recovery Clinic* **Cara Kaup** – *PT, Long COVID Physio*
11:20 am to 11:40 am	**Panel Q and A**
11:40 am to 12:25 pm	**Lunch**
12:25 pm to 12:55 pm	**Collaborative Research Ideas Planning Workshop** Facilitator **Dr. Ben Mortenson**
12:55 pm to 1:05 pm	**Break**
1:05 pm to 2:00 pm	**Collaborative Research Ideas Planning Workshop** Facilitator **Dr. Ben Mortenson**
2:00 pm to 2:10 pm	**Wrap up with Dr. Ben Mortenson**